

How is our group run?

The Kingston branch of Diabetes UK enjoys the support and encouragement of Kingston Hospital NHS Foundation Trust, Kingston Clinical Commissioning Group (CCG) and both the national and regional office of Diabetes UK.

We are grateful for the support of these bodies and recommend that members of the local group become both members of the Foundation Trust as well as Diabetes UK.

Kingston is one of the newest Groups associated to Diabetes UK:

We formed in October 2015, and have made great progress and helped a lot of people since that time. Chairman is Richard Allen, Secretary Anne Lewis-Lloyd and Treasurer David Cruden. The term of office is one year and an AGM on 23rd October 2018 will include elections to these posts and a further three Committee positions.

Ideas on how the group can progress, as well as raise much-needed funds for additional diabetes research are very welcome.

We look forward to having you join us. Perhaps you could even take part and shape the future of the group. Please feel free to turn up at any of our sessions, or get in touch with us by email at:

rbklocaldiabetesgroup@gmail.com

DIABETES UK
CARE. CONNECT. CAMPAIGN.

DIABETES UK Information & Support Group in Kingston-upon-Thames

Welcome to the Kingston branch of Diabetes UK

Diabetes UK is the leading charity that cares for, connects with and campaigns on behalf of every person affected by or at risk of diabetes.

We provide information, help and peer support, so people with diabetes can manage their condition effectively. We are one of the largest funders of diabetes research in the UK.

Currently there are over 8000 people in the Royal Borough of Kingston diagnosed as having a diabetic condition and national indicators are that there must be almost a further 2,000 who are unaware and undiagnosed.

The Kingston Information & Support Group meet monthly, and have a full programme of events scheduled for 2018-19 for you to get involved in, covering all ages, as well as Type 1 or Type 2 conditions. Please look inside for full details.

The group is not only for those with a diabetic condition but also family, friends and carers, as well as others who may have worries or concerns about acquiring the condition. We are here for you.

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Kingston Group Events Programme 2018



Unless otherwise indicated, all events take place between 6.45-8.30pm at:

Lecture Room 1,
The Education Centre,
5th Floor of Surgical Centre Building, Kingston Hospital,
Galsworthy Road, Kingston-upon-Thames KT2 7QB

Diabetes and the Heart

Tuesday 20th February

Dr Tapesh Pakrashi FRCP, Consultant Cardiologist/Clinical Director, Kingston Hospital
NHS Foundation Trust

Latest developments in diabetes research

Tuesday 20th March

Faye Riley, Diabetes UK Researcher

Report back on Diabetes national and regional conferences

Tuesday 17th April

David Cruden and Anne Lewis-Lloyd

Psychological aspects of coping with Diabetes

Tuesday 29th May

, Russell Jacob, Surrey Downs Community Diabetes Service

In-patient care for those with Diabetes

Tuesday 19th June

Claire Neely, Lead Diabetes Specialist, Kingston Hospital

Quiz Night Fundraiser

Tuesday 3rd July

Kidney care and associated advice for people with diabetes

Tuesday 4th September

Dr Debasish Banerjee, Consultant Nephrologist, St George's Hospital

Reaching those who are unaware they have diabetic conditions, & improving the quality and consistency of care for those with diabetes in Kingston

Tuesday 23rd October

Dr Gareth Hull, Kingston Clinical Commissioning Group (CCG) on Diabetes,
and GP at Sunray Surgery, Tolworth

Foot care for those with diabetes

Tuesday 13th November

Tracey Jenkins, Diabetes Specialist Podiatrist,

Your Healthcare CIC

Medicines for diabetes and their interaction with others

Tuesday 11th December

Judith Foy, Chief Pharmacist, Kingston Hospital with
Claire Neely, Lead Diabetes Specialist