

Community Neurology Service (CNS)

This GP-led service was established in 2006 as an extension to primary care with strong links to the local neurology departments. It is designed to support the Kingston CCG GPs to manage patients with common neurological and headache disorders safely and effectively from general practice and within the locally and nationally agreed guidelines

The service offers 6 community-based clinics at Holyfield House in Surbiton and one hospital-based clinic from Kingston hospital a month. In these clinics the GP with special interest and expertise in neurology (GPwER) addresses the concerns of patients referred by their GPs with the following symptoms:

- Headaches which lasted more than 3 months
- Feeling of dizziness, giddiness or light headedness
- Blackout that the GP does not think is secondary to seizures or any potentially serious heart condition
- Shaking hands with no other features of parkinsonism
- Sensory symptoms due to possible entrapment of nerves
- Sensory symptoms in feet and / or hands for over 3 months of unknown origin

90% of patients are seen within 6-8 weeks from referral

80% of patients are discharged back to their GPs to continue supporting them in managing their conditions

10% of patients seen are referred on to a local specialised department for further care and management

10% are followed up by the GPwER for further support and management